

Chinnara Kreeda Tarabethi :

“A sound mind in a sound body”

In this competitive world, one has to remain healthy; many great people have emphasized the importance of sports in one's life. To make a child realize the importance of sports in her childhood, the schools are promoting the sports in their way as per their needs. It is a simple exercise encompassing the dimensions of curiosity, zeal, and inquisitiveness latently inherent in the children. Students are trained for various sports activities to create interest about the games among the children. They are trained by physical instructors in indoor, outdoor and field games. The training is given for selected children from August to December.

Chinnara Kreeda Abhiyan was conducted for HPS children. This activity was planned for children in each district. Where 15 children will have one Instructor/trainer to train these children. After the completion of training, the best children were selected in different sports activities and sent for the State level Competitions held at Bellary, Dharwad and Hassan Districts.

Some of the Basic Principles covered during the Chinnara Kreeda Tarabethi are

1. Grow of physical and mental ability in children.
2. Improving and enhancing knowledge in sports activities.
3. Achievement of exhibition of children's ability.
4. Active and interested children are reach their goal.

Role of District implementation committee :

District level Execution committee headed by Chief Executive Officer of ZillaPanchayat and comprising of members as DDPI-Vice president, DYPC-Member secretary, DSPE-Member and Consultant, District Health Officer, Block Education Officer, Taluk PhysicalEducation Officer, District Primary Teacher Association representative, An

Head Master of local Higher Primary School or Upper Primary School, District Social Welfare officer-members.

1. Selection and identification of Sports.[Volunteers/trainees, physical instructors, availability facility]
2. Selection training places according to facility availability.
3. Selection of sports materials related sports.
4. Decision for Sports cloths.
5. Transport facility to training places.
6. Preparation of training schedule, refreshment at the time of sports training.

Selection of Trainees :

The trainers for training children will be selected from among the locally available professionally trained persons. They will be selected by the local SDMCs and monitored periodically.

1. Physical instructor in HPS.
2. Trainees have the certificate of Sports.
3. Trainees have two years experience.
4. Age limit of trainee not exceed 40years.

The sports activities are categorized as indoor, outdoor and athletic/field events.

The following outcomes are expected after completion of sports training :

- Bringing forth and bringing up hidden sports talents present in children.
- Development of spirit of confidence.
- Exposure of children talent and to identify at national level.

Photos of districts where training for different sports activities are given :



Children participating in district level sports selection under ChinnaraKreedaabhiyana (sports training)



Javeline throw in Shahpur of Yadagiri District



Throw ball at Kodagu District



Khokho training of Koppal District



Long jump at Shimoga District



Kabbadi of Bangalore Urban District



Volley ball training at Chikkamagalur District



Throw Ball training at Hassan District

Success Stories :

In KreedAbhiyan some the districts team takes first place at State Level Sports Competition.



State Level Chess Competition winners of Gadag District



All activities Championship of Dakshina Kannada District

State Level Sports competition :

State Level Sports was conducted on 4.1.2013 to 06.01.2013 in Bellary, Hassan and Dharwad Districts. The age group of below 14 years of the 30 districts under 3223 numbers of players both boys and girls were participated. All arrangements like boarding, loading and sports infrastructure were made, refreshment for participates, transportation

and DA for children and teachers honorarium for coach, equipment for sports, ground level residential facilities first aid, drinking water, Prizes, Stage function, banners, Certificates etc....